

WOLF LEADER INTRODUCTION TO PROGRAM GUIDE BOOK

Holding Den Meetings:

- When determining how often your den meets each month and what days they meet on, make sure that you get feedback from all the scout's parents. Dens can meet 1 -4 times a month, any day of the week and at any time. However, a pack should not be dictating to you, as a den leader, how often and when you will be meeting. That is a Den Leader and parents decision.

Who is responsible for what?:

- As a Den Leader you are responsible for only a small part of the Scouts Advancement Program. Most of the advancement is the responsibility of the parent / guardian.
- As a leader, you just have to communicate to the parents what they need to be working on and when to bring the books back signed.

Signing off on the Wolf Book: Who is Akela?

- Akela is a parent / guardian, den leader or a teacher.

Bobcat Badge: This is the first thing that has to be completed before working on the Wolf Achievements (pages 16-25):

Parent / Guardian Book Responsibility:

- **1** – Learn and say the Cub Scout Promise and complete the Honesty Character Connection.
- **2** – Say the Law of the Pack. Tell what it means.
- **3** – Tell what Webelos means.
- **4** – Show the Cub Scout sign. Tell what it means.
- **5** – Show the Cub Scout handshake. Tell what it means.
- **6** – Say the Cub Scout motto.
- **7** – Give the Cub Scout salute. Tell what it means.
- **8** – With our parent or guardian, complete the exercises in the booklet “How to Protect Your Children from Child Abuse.

There are 23 Arrow Point Trail Electives and other Awards that can be earned (pages 109-231):

- Most of electives should be completed with the parents but some electives and extra awards need to be done as a den or pack.
- A scout does not have to earn the Wolf Badge before starting to earn the electives.

Achievements: Every time a Scout completes 3 achievements, he earns a yellow recognition bead.

How to read the program responsibilities in this Guide Book:

- As you look at all the achievement titles listed in this Leader Guide, you will see “Sample Ideas / Activities.” These are all sample ideas / activities that the Den Leader could set up for the boys to “Go See,” (but not limited to these.)
- Below the “Sample Ideas / Activities” are what the Den Leaders Responsibility would be in order for a boy to complete that achievement.
- Below the “Den Leaders Responsibility” are what the Parent / Guardians responsibilities are in order for the boys to complete that achievement.
- The key is for the Den Leader(s) to communicate to the parent / guardian(s) what achievement(s) the Scout needs to complete by the next Den Meeting.
 - **EXAMPLE:** The den just visited the National Guard Armory for Achievement #2 “Your Flag” and completed requirements 2b, 2e, 2f, and 2g. Parent / Guardian(s) please complete requirements 2a, 2c and 2d by the next Den Meeting and have your son bring his book back signed.

Den Level Programming: Achievements: **2, 4, 5 & 10** may require Den Level Programming for the boy to achieve the requirement.

WOLF LEADER PROGRAM GUIDE BOOK

12 ACHIEVEMENTS:

1) Feats of Skill (page 38):

- Sample Den Program Ideas / Activities:
 - A. Visit a Gymnastics Location
 - B. School Physical Education Instructor
 - C. Go to YMCA
 - D. Lake Crystal Recreation Center

Parent / Guardian Book Responsibility:

- **1a** – Play catch with someone 10 steps away. Play until you can throw and catch.
- **1b** – Walk a line back and forth. Do it sideways, too. Then walk the edge of a board six steps each way.
- **1c** – Do a front roll.
- **1d** – Do a back roll.
- **1e** – Do a falling forward roll.
- Do one of the following...
 - **1f** – See how high you can jump.
 - **1g** – Do the elephant walk, frog leap and crab walk.
 - **1h** – Using a basic swim stroke, swim 25 feet.
 - **1i** – Tread water for 15 sec. or as long as you can.
 - **1j** – Using a basketball or playground ball, do a chest pass, bounce pass and overhand pass.
 - **1k** – Do a frog stand.
 - **1l** – Run or jog in place for 5 min.

2) Your Flag (page 46):

- Sample Den Program Ideas / Activities:
 - A. Visit a National Guard Armory
 - B. American Legion Post
 - C. VFW Post Flag Teams
 - D. Help the Post Office raise their Flag and Tour the Post Office

Den Leaders Responsibility (can be done at a National Guard Armory):

- **2b** – Lead a flag ceremony in your den (see book for ideas).
- **2e** – Learn how to raise a US flag properly for an outdoor ceremony.
- **2f** – Participate in an outdoor flag ceremony (den or pack).
- **2g** – With the help of another person, fold the US flag.

Parent / Guardian Book Responsibility:

- **2a** – Give the Pledge of Allegiance to the flag of the United States of America and tell what it means.
- **2c** – Tell how to respect and take care of the US flag. Show three ways to display it.
- **2d** – Learn about the flag of your state or territory and how to display it.

3) Keep Your Body Healthy (page 56):

- Sample Den Program Ideas / Activities:
 - A. Visit a Hospital
 - B. Medical Clinic
 - C. Talk to Nurse or Doctor

Parent / Guardian Book Responsibility:

- **3a** – Make a chart and keep track of your health habits for 2 weeks.
- **3b** – Tell four ways to stop the spread of colds.
- **3c** – Show what to do for a small cut on your finger.

4) Know Your Home & Community (page 60):

- Sample Den Program Ideas / Activities:
 - A. Visit a City Hall
 - B. Police Station
 - C. Fire Station
 - D. Phone Company
 - E. Court House
 - F. Blue Earth County Governmental Center

Den Leaders Responsibility:

- **4f** – Visit an important place in your community (See “Ideas / Activities”).

Parent / Guardian Book Responsibility:

- **4a** – Make a list of phone numbers you need in case of an emergency.
- **4b** – Tell what to do if someone comes to the door and wants to come in.
- **4c** – Tell what to do if someone calls on the phone.
- **4d** – When you and your family leave home, remember to....
- **4e** – With your family, agree on the household jobs you will be responsible for, for 1 month. Make a list and mark them off when finished.

5) Tools for Fixing and Building (page 64):

- Sample Den Program Ideas / Activities:
 - A. Visit a Lumber Yard
 - B. Carpenter
 - C. Menards
 - D. Home Depot (Do it Yourself Clinics – First Saturday of every month is a “Kids Build” for Free)
 - E. Don’s Hobby
 - F. Hobby Lobby
 - G. Cabinet Shops

Den Leaders Responsibility (can be done as a den or as a Parent / Guardian Responsibility):

- **5e** - Make a birdhouse, a set of bookends or something else useful.

Parent / Guardian Book Responsibility (can be done at a Lumber Yard):

- **5a** – Point out and name seven tools and tell what each is used for.
- **5b** – Show how to use pliers.
- **5c** – Identify a Phillips head and a standard screw. Then use the right tool to drive and then remove one from a board.
- **5d** – Show how to use a hammer.

6) Start a Collection (page 70):

- Sample Den Program Ideas / Activities:
 - A. Visit a Coin Collector
 - B. Baseball Card Shop
 - C. Local Post Office
 - D. Don’s Hobby
 - E. Hobby Lobby

Parent / Guardian Book Responsibility:

- **6a** – Complete the Character Connection for Positive Attitude.
- **6b** – Make a collection of anything you like. Start with 10 things.
- **6c** – Show and explain your collection to another person.

7) Your Living World (page 74):

- Sample Den Program Ideas / Activities:
 - A. Visit a land fill
 - B. Recycle Center
 - C. Water Treatment Plant

Parent / Guardian Book Responsibility:

- **7a** – Complete the Character Connection for Respect.
- **7b** – Discuss with your family ways that land, air and water can get dirty.
- **7c** – Find out how recycling is done where you live. Find out what items you can recycle.
- **7d** – With an adult, pick up litter in your neighborhood.
- **7e** – Find three stories that tell how people are protecting our world. Read and discuss them with an adult.
- **7f** – List three ways you can save energy, and do them.

8) Cooking and Eating (page 78):

- Sample Den Program Ideas / Activities:
 - A. Visit a restaurant
 - B. Papa Murphy's
 - C. Grocery Store
 - D. Visit a Nutritionist (Tour GNC)
 - E. Nursing Home Dietary Department

Parent / Guardian Book Responsibility:

- **8a** – Study the Food Pyramid. Name some foods from each of the food groups.
- **8b** – Plan the meals you and your family should have for one day.
- **8c** – Help fix at least one meal for you family. Help se the table, cook the food and wash the dishes.
- **8d** – Fix your own breakfast. Wash and put away the dishes.
- **8e** – With an adult, help to plan, prepare, and cook an outdoor meal.

9) Be Safe at Home and on the Street (page 82):

- Sample Den Program Ideas / Activities:
 - A. Have a Police Officer or Fireman come in
 - B. A person from Benco Electric (John Hutchins)
 - C. Nicollet South Bike Shop
 - D. A1 Bike Shop

Parent / Guardian Book Responsibility:

- **9a** – Complete the Character Connection for Responsibility.
- **9b** – WITH AN ADULT, check your home for hazards and know how to make your home safe.
- **9c** – WITH AN ADULT, check your home for danger from fire.
- **9d** – Practice good rules of street and road safety.
- **9e** – Know the rules of bike safety.

10) Family Fun (page 88):

- Sample Den Program Ideas / Activities:
 - A. Go Bowling
 - B. Visit a Zoo
 - C. Attend a Sporting Event
 - D. Attend a Movie
 - E. Visit TV Station
 - F. Visit Radio Station
 - G. Play Mini-golfing

Den Leaders Responsibility (can be done as a den or as a Parent / Guardian Responsibility):

- **10f** – Attend a concert, a play, or other live program.

Parent / Guardian Book Responsibility:

- **10a** – Complete the Character Connection for Cooperation.
- **10b** – Make a game like one listed in the book. Play it with your family.
- **10c** – Plan a walk. Go to a park or a wooded area, or visit a zoo or museum.
- **10d** – Read a book or Boys' Life magazine with your family. Take turns reading aloud.
- **10e** – Decide with your parent / guardian what you will watch on television or listen to on the radio.
- **10g** – Have a Family Board Game Night at home with members of your family.

11) Duty to God (page 94):

- Sample Family Program Ideas / Activities:

A. Let parents do on their own

1. Sunday School
2. CCD Classes
3. Visit with your Pastor
4. Visit other Churches

Parent / Guardian Book Responsibility:

- **11a** – Complete the Character Connection for Faith.
- **11b** – Talk with your family about what they believe is their duty to God.
- **11c** – Give two ideas on how you can practice or demonstrate your religious beliefs. Choose one and do it.
- **11d** – Find out how you can help your church, synagogue, mosque, temple, or religious fellowship.

12) Making Choices (page 100):

- Sample Den Program Idea / Activity:

A. Use the Cub Scout “Ethical Controversies”

Parent / Guardian Book Responsibility:

- 12a – Complete the Character Connection for Courage.
- 12b – With an adult, read and discuss the book example.
- 12c – With an adult, read and discuss the book example.
- 12d – With an adult, read and discuss the book example.
- 12e – With an adult, read and discuss the book example.
- 12f – With an adult, read and discuss the book example.
- 12g – With an adult, read and discuss the book example.
- 12h – With an adult, read and discuss the book example.
- 12i – With an adult, read and discuss the book example.
- 12j – With an adult, read and discuss the book example.
- 12k – With an adult, read and discuss the book example.

Supplemental Program Resources:

- How To Book
- Program Helps
- Internet

Ideal Year of Scouting Brainstorming/Activity Planner

Wolf Den(s) #: _____

Planning Year: **June 2006 - May 2007**

Wolf Leader's Name & Phone #: _____

1. Brainstorming

First: Review the Wolf Leader Guide Book and brainstorm ideas of places the Wolf Den could go and things it could do.

2. Activity Planner

Second: With the help of the Wolf Guide Book start plugging the brainstormed ideas in the month(s) they will be done. The goal should be to get the boys out into the community.

Brainstorming	Month	Activity & Meeting Date	Den Activity / Meeting Focus	No. Boys	Cost/Boy	Total Cost
	June				\$	\$
	July				\$	\$
	Aug				\$	\$
	Sept				\$	\$
	Oct				\$	\$
	Nov				\$	\$
	Dec				\$	\$
	Jan				\$	\$
	Feb				\$	\$
	March				\$	\$
	April				\$	\$
	May				\$	\$
A. Total Activity Planner						\$