



Recommended Actions To Keep Scout Units and Scouts Healthy And Safe During The Flu Season This Year

“BE PREPARED”

On June 11, 2009, the World Health Organization (WHO) raised the worldwide H1N1 pandemic alert level to Phase 6, which indicates that a global pandemic is under way. (See <http://www.who.int/csr/disease/swineflu/en/index.html> and http://www.who.int/csr/disease/avian_influenza/phase/en/.)

How Can We Tell If Our Scouts/Children Have the H1N1 Flu?

- A key signal is feeling feverish or having a temperature greater than 100 degrees Fahrenheit (37.8 degrees Celsius) if measured, especially if combined with one or more of the following.
- Upper respiratory symptoms (cough, sore throat, runny nose)
- Body aches, headache
- Chills
- Fatigue
- Vomiting
- Diarrhea

What Do We Do While Attending A Scout Outing If We Find A Scout Has H1N1 Flu?

- When on an outing, have a plan to isolate (quarantine) suspected ill individuals, contact parents, and removal of sick individuals from your outing/camp. Be prepared to implement these procedures.

What Should We Communicate to Our Parents and Other Scout Leaders

- *If you are sick, STAY HOME! Parents, if your Scout is sick, KEEP 'EM HOME for at least 7 days after symptoms began or 24 hours after symptoms resolve, whichever is longer.* Want to know what to do if you have flulike symptoms? See <http://www.cdc.gov/h1n1flu/sick.htm>.